



## SOFT SKILLS FOR WORLD PEACE

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**Abstract:** The 21<sup>st</sup> century is nothing but the era of competition where one can easily find struggle, rivalry, jealousy, emulation etc. The entire struggle is only for the material enjoyment which has resulted in the estrangement of mankind from eternal satisfaction. The society is observing territorial disputes, terrorism, violence, growing addictions in youth and many other problems. The family atmosphere is also polluted. Members of the family are facing stress and strain in the family. It is forcing towards unrest. The cosmic tranquility itself is in danger. Even the danger of third world war is knocking our doors. And so our aim must be establishment of tranquility in the world. To achieve this noble aim one has to imbibe the soft skills and bring them into the deeds. Along with this, person has to develop its personality along with willpower, knowledge and power of acts. Then one has to use all these skills for the constructive purpose then and then only the cosmic peace can be restored. I think this is the most proper way to achieve the aim of human life.

**Keywords:** Will power, Peace, Addiction, World war

**Introduction:**

Different Definitions:

It will be very useful to get acquainted with the definitions of soft skills, personality development etc. before entering into the main subject.

Definitions of Soft Skills:

- 1) Cluster of personal qualities, habits, attitudes that have a potential to make someone a good person.
- 2) These are a combination of interpersonal people skills, social skills, communication skills, character traits, attitudes, career attributes and emotional intelligence.

A) Personality Development:

- 1) It is the development of the organized pattern of behaviors and attitudes that makes a person distinctive.
- 2) It occurs by the ongoing interaction of temperament character and environment.

What is personality?

It is the combination of behavior, emotion and motivation. It is an organized set of characteristics possessed by a person that determine one's person. The soft skills empower the persons to understand who they are and how best they can come across the competent individuals in any given situation.

What is Peace?

Peace on earth is an ideal state of freedom, peace and happiness among and within all nations and people. This ideal of world non-violence provides a basis for peoples and nations to willingly co-operate, either

voluntarily or by virtue of a system of governance that prevent warfare. - World peace. Wikipedia.

The main goal of humanity is to connect people and give acceleration to the constructive interaction of deliberations. The most - valuable aim is to establish global peace through integrity and harmony. It seems that the great personalities who have achieved the core of soft skills have commended their efforts to establish the global peace is Rashtrapita Mahatma Gandhi, Nelson Mandela, Jimmy Carter, and Mother Teresa etc. It proves the importance of soft skills in human life.

The following soft skills must be taught to the students since their childhood by parents and teachers.

1. Communication: - Oral speaking, capability, writing, presenting & listening.
2. Courtesy: - One has to behave with Manners, etiquettes, gracious like please says, please & Thanks with respect.
3. Flexibility: Adaptability, willing to change lifelong learner accepts new things, adjustable, teachable.
4. Integrity: - Honest, ethical, high morals, personal values, does what's right.
5. Interpersonal skills: - Nice body language personable sense of humor, friendly nurturing, empathetic, has self-control, patient, sociability, warmth confidence.
6. Positive Attitude: Optimistic, enthusiastic, encouraging, happy.
7. Responsibility: Accountable, reliable, resourceful, self-disciplined common sense.

8. Team Work : Co-operative, agreeable, supportive, helpful, collaborative,  
 9. Work Ethic: Hard working, on time, good attendance, initiative, self-motivated loyal willing to work.

Need of the subject:

Problems of 21<sup>st</sup> century:

Here we will try to know the various problems of this century in short. Following are some important problems.

1. Global Warming	2. Excessive growth in population
3. Water shortages	4. Destruction of ocean life
5. Mass famine	6. Spread of deserts
7. Pandemics aids	8. Extreme poverty
9. Growth of slums	10. Unstoppable global migrations
11. Violent religious extremism	12. Wars
13. Runway computer intelligence	14. A new dark age

A New Dark Age -

A global cocktail of intolerable poverty and outrageous wealth, starvation, mass terrorism with nuclear / biological weapons, world war, deliberate pandemics and religious insanity might plunge humanity into a worldwide pattern of unending hatred and violence. Soft skills and personality development may prove the remedies for this.

Effects Of The Wars:

Since the rise of history we find that many invaders like Genghis Khan, Taimurlang, Hitler and many others have left no stone unturned to bring this peace in danger but unfortunately mankind has learned nothing from that.

The World War I and II have cleared the disasters during the wars. It is said that round about 80 lacks people were killed and as many wounded. Some 8 to 10 lack people were reported missing in 1<sup>st</sup> world war. The other consequences were horrible. Prices went up govt. restricted the price of the commodities. Huge taxes were imposed. Almost all countries were so heavily burdened that for years together their path of progress remained impeded.

The Second World War was more disasterous than first. Mankind has observed complete destruction of fields, factories, mills and workshops and houses

of the civilians. Crores of people died and many more were permanently disabled. According to Chester bowels "The II world war killed twenty five million people permanently disabled twice that number and divested much...."

Hitler's Holocaust movement was nothing but a cruel plan of him. Millions of Jews faced imprisonment, concentration camps, inhuman tortures USA was not also so clean. She dropped to two nuclear weapons on Hiroshima (6<sup>th</sup> August) & Nagasaki (9<sup>th</sup> Aug. 1945) more than twenty thousand soldiers and 7000-146000 civilians were killed at Hiroshima Nagasaki lost 39000-80000 lives on the day.

The total no. of causalities goes up to 129000 to 246000.

If the third world war occurs unfortunately then one can't imagine about the destruction of mankind in every aspect.

It is not like that people teachers and preachers have neglected the issue of world peace. Mahamanavas like Gautama Buddha, Bhagwan Mahaveer, Yeshu and others have preached the lessons of Ahinsa non-violence to mankind but human race later on went ignoring their teachings even some worshipers of peace were killed rather murdered.

Singapore got its independence from Britain on August 31, 1963. But the path was not of flowers. People of Singapore have also suffered much for this.

The world peace council (WPC) is an international organization that advocates universal disarmament sovereignty and independence and peaceful co-existence and campaigns against imperialism, weapons of mass destruction and all forms of discrimination. In past the League of Nations was established after First World War. It was an international organization Geneva, Switzerland created to provide a forum for resolving international disputes. But its success was limited.

The United Nations Organization is an intergovernmental organization to promote international co-operation and was established on 24<sup>th</sup> October 1945. Its headquarters is New York City peacekeeping is one among a range of its activities UNO tries to maintain international peace and

security throughout the world. Conflict preventions and mediation, peace making, peace enforcement, peace building are the other activities of UNO.

Unfortunately still few countries are at war for example the Sirian Civil War took lives of nearly 470000 people. Iraq war killed 4500 people the no. of wounded people goes up to 32000. The story of Isis is not very different nearly 18800 people have lost their lives and 5500 were wounded.

Addiction of youth / teen agers/methods:  
Some Fact:-

- 1) Success :- 15% from hard skills  
85 % from soft skills
- 2) Alcohol Addiction:- Alcohol kills more teenagers than all other drugs. Three leading causes of death among 15-24 years old are accidents, homicides and suicides.
  - A) 32% of the heavy drinkers over 12 years were also illegal drug users.
  - B) Death Rat: - It is a shocking fact that 3.3 million people lose their life every year throughout the world.
  - C) Alcohol consumption Global: - 6.2 lit. pure alcohol per person per year.
  - D) 62% adults abstained from alcohol in last 12 months.
- 3) Mobile Addiction: - The search has proved that 15% children have more expensive handsets than their parents.
  - A) 65% children between 11-15 have a mobile.
  - B) The children were extremely depressed when their phone was taken away from them.
  - C) In India we find that 39% children at age 11-14 are addicted to mobile phone. They spend six hours a day.
  - D) The picture in Spain is not very different
 

Age	Addiction
10	35%
12	75%
14	83%
- 4) Drugs addiction: - UN Report has clearly mentioned that every year 10,000 people lose their life due to this sort addiction.

Name of the Country	used drug	Death Rate
Iran	Heroin	14.32 per Capita
UK	Alcohol	13.45 per Capita

France	Prescription Pills	13.27 per Capita
Slovakia	Inhalants	13.51 per Capita
Russia	Alcohol	7.17 per Capita
Afghanistan	Heroin	6.19 per Capita

The growing addiction is dangerous to entire mankind, so it is a need of the hour that we should become cautious in time and follow the path of soft skills to develop the personalities and bring peace in the world. Mental instability is the fruit of addictions to drugs and the electronic media is bombarding sex and violence 24 hours a day. It has affected even the minds of elder persons along with the youth.

**Result and Discussion:**

As per the view of personality development, development of soft skills has got utter importance. It is entirely depend upon the mental ability of a person. If the mind is mercurial and fickle, frequently getting attracted towards the destructive activities then it is obstacle in the personality development. The best remedy for this is to keep our mind stable and under control. Mental administration is a need in this connection. Ashtang Yoga Sadhana (Means Yoga, Niayam, Asan, Pranayam, PratyaharDharana, Dhyan, Samadhi etc.) proves very useful in this context.

Concentration in meditation exudes various refreshing chemicals in human body which make us happy and capable than before. It is a best way for development of soft skills and personality development. Proper virtuous pure food keeps mind under control. Mental stabilization gives birth to stabilization of memory. Conscience works properly. Decisions become eligible, dynamic and accurate and one goes for good and pious acts. Which make one's personality impressive.

At present our youth seems a pathetic in all aspects of life, because of its indolence. The main cause behind is nothing but the lack of will power. Present digital era which includes laptop, mobile, T.V., Internet etc. has entrapped our youth. Addiction to alcohol, drugs is one more important cause for this. Our youth is not under its own control. If it is the situation then how youth can develop our society and nation!

So the need of this century is to infuse the soft skill techniques from school days only. It is a need of the hour that we have to include these skills in school education. The study of great personalities, meditation, music, memory, sports will definitely help us to develop our youth in proper way. If we succeed the universe will become more dynamic on the path of peace, progress and advancement.

- Self-awareness is the 1<sup>st</sup> step towards enhancing ones personality.
- Accept another person as he or she is and not as we want him or her to be.
- Genuineness comes with positivity.
- Start a day with meditation.
- Parents need to interpret their fights. This helps the child to understanding the equation of relation among the parents.
- Humility is strength.
- All round development and no comparison with other is a key towards success.
- Sincerely commitment believes in self and hard work is the key to one's success.
- Self-pride leads to national pride
- Communication involves listening speaking gestures and expressions.
- Appreciation is the key word towards handling problems.
- One must compare oneself with self.
- Happy activity should be successful,
- Positive thinking is optimistic.
- Commitment to work and binding of moral values / soft skills will give man happiness and peace to the word.

#### **Conclusion:**

Parents are natural masters of their children. It is their duty to nurture them soft skills. In schools the teachers must give their personal attention towards the progress of the students. It will create a new formative and influential young generation in this century and will also create the atmosphere of global peace.

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